

## ACTIVITY 4.3 A SELF-AWARENESS CHECKLIST

---

Complete this self-awareness checklist and add it to your Portfolio. It might be a good idea to keep a hard copy with you as a resource while on placement.

1. From this list of thirty different attributes select five that you think would be useful in the practicum and which **you feel you already have**. How do you think these attributes will help you during the practicum?
2. Select five attributes from the list that **you think you need to develop**. How might you develop yourself in these areas while on placement?

- |                                       |  |
|---------------------------------------|--|
| <input type="checkbox"/> Enthusiastic | <input type="checkbox"/> Innovative      |
| <input type="checkbox"/> Honest       | <input type="checkbox"/> Flexible        |
| <input type="checkbox"/> Thoughtful   | <input type="checkbox"/> Punctual        |
| <input type="checkbox"/> Motivated    | <input type="checkbox"/> Unassuming      |
| <input type="checkbox"/> Assertive    | <input type="checkbox"/> Analytical      |
| <input type="checkbox"/> Ethical      | <input type="checkbox"/> Feisty          |
| <input type="checkbox"/> Clever       | <input type="checkbox"/> Fair            |
| <input type="checkbox"/> Challenging  | <input type="checkbox"/> Uncompromising  |
| <input type="checkbox"/> Humorous     | <input type="checkbox"/> Polite          |
| <input type="checkbox"/> Hard working | <input type="checkbox"/> Successful      |
| <input type="checkbox"/> Questioning  | <input type="checkbox"/> Determined      |
| <input type="checkbox"/> Caring       | <input type="checkbox"/> Trusting        |
| <input type="checkbox"/> Confident    | <input type="checkbox"/> Entrepreneurial |
| <input type="checkbox"/> Efficient    | <input type="checkbox"/> Friendly        |
| <input type="checkbox"/> Vivacious    | <input type="checkbox"/> Organised       |